



# FIXTURE LIST

## 2026

**296 Cape Road Newton Park Tel: 041 363 5499**



EPA FIXTURE LIST 2026													
2026/01/03	SA	FIRST CHOICE RACE	15,0	5,0			06H30	VICTORY CHRISTIAN SCHOOL JEFFREYS BAY	JEFFREYS BAY AC	MORNE OWEN	082 419 2478	P	
2026/01/10	SA	HOWZAT GQEBERHA TRAIL RUN	10,0	5,0	1,0		06H00	BAYWEST MALL	SIBALEKA NANI AC	SELBY THABETHE	0768883589		
2026/01/16	FR	TRACK & FIELD DEVELOPMENT (L 5)						WESTBOURNE OVAL	EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/01/17	SA	N2 CITY BLUEWATER BAY	15,0				06H00	N2 CITY SHOPPING CENTRE, BLUEWATER BAY	BLUEWATER BAY	JANINE GRAY	0844075431	P	
2026/01/24	SA	NMB COLCHESTER ROAD RACE	10,0	5,0			06H00	MACKAY BRIDGE ANGLING CLUB, COLCHESTER	EP ATHLETICS	MICHAEL MBAMBANI	079 149 6796	PP	
2026/01/24	SA	T&F HIGH SCHOOLS & SENIOR (L 3)						WESTBOURNE OVAL	EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/01/31	SA	NMB GQEBERHA BAY ULTRA	50,0	21,1	10,0		05H00	POLLOCK BEACH, GQEBERHA	EP ATHLETICS	MICHAEL MBAMBANI	079 149 6796	P	
2026/02/07	SA	VSLOTS FAMILY RUN	10,0	5,0			06H30	JJ ENGELBRECHT SPORT GROUNDS, NORTH END	IKHAMVA AC	MICHAEL MBAMBANI	079 149 6796	PP	
2026/02/07-06	SA	TRACK & FIELD PEHS & LEAGUE 4						NELSON MANDELA UNIVERSITY	EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/02/14	SA	LOVE 2 RUN	10,0	5,0			06H00	METLIFE MALL	ACHILLES	ANCHE HOLLINS	082 320 5169	P	
2026/02/14	SA	T&F HIGH SCHOOLS & SENIOR (L 5)						WESTBOURNE OVAL	EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/02/21	SA	TRU THE KAROO MARATHON	42,2	21,1	10,0		05H30	GRAAFF-REINET	CAMDEBOO	KATJANA OTT	0762980207		
2026/02/21	SA	TRACK & FIELD DEVELOPMENT (L 6)						GELVANDE TRACK	EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/02/28	SA	TRACK & FIELD DEVELOPMENT (L 7)						GELVANDE TRACK	EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/03/01	SU	ABSA RUN YOUR CITY	10,0					KINGS BEACH	EP ATHLETICS	MICHAEL MBAMBANI	079 149 6796		
2026/03/07	SA	ALL STATS TRACK & FIELD						TBA	EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/03/07	SA	T&F HIGH SCHOOL & SENIOR CHAMPS						WESTBOURNE OVAL	EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/03/07	SA	LAKE FARM	25,0	10,0	5,0		06H00	LAKE FARM CENTRE	ELITE AC	ERROL WHITTAL	081 289 7235	P	
2026/03/14	SA	BRUINTJIESHOOGTE MARATHON	50,0	25,0	15,0	5,0	06H00	GILL PRIMARY SCHOOL, SOMERSET EAST	SOMERSET EAST A C	HENRICO MARAIS	083 446 5598	P	
2026/03/21	SA	NMBM HUMAN RACE	21,1	10,0			06H00	DESPATCH HIGH SCHOOL	EP ATHLETICS	EPA OFFICE	041 374 2818	PP	
2026/03/21	SA	TRACK & FIELD DEVELOPMENT (L 8)						GELVANDE TRACK	EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/03/28	SA	SUNRIDGE PARK CHARITY RUN	10,0	5,0			07H00	LONDT PARK SPORTS CLUB	RUN4CHRIST AC	ATTIE WILLIAMS	083 520 6584	P	
2026/04/04	SA	FESTIVAL OF RUNNING	42,2	21,1	10,0	5,0	12H00	COWS CORNER	X-CEL AC	MARVIN DRAAI	082 772 5578	P	
2026/04/11	SA	TWO OCEANS ULTRA MARATHON	56,0					CAPE TOWN					
2026/04/12	SU	TWO OCEANS HALF MARATHON	21,1					CAPE TOWN					
2026/04/18	SA	IRON MAN											
2026/04/25	SA	NMBM MOTHERWELL FREEDOM RUN	10,0	5,0			07H00	RAYMOND MHLABA SPORT CENTRE	EP ATHLETICS	MICHAEL MBAMBANI	079 149 6796	PP	
2026/05/02	SA	CORRECTIONAL SERVICES 10KM	10,0				07H00	ST ALBANS	CORRECTIONAL SERVICES	JOHN APPELS	072 020 9613	P	
2026/05/09	SA	HEARTBREAK HILL	21,1	10,0	5,0		06H30	ITALIAN SPORTS CLUB	CHARLO	EUSENTIA PILLAY	084 665 0910	P	
2026/05/16	SA	VOLKSWAGEN	21,1	10,0	5,0		07H00	VW PEOPLE PAVILION KARIEGA	VOLKSWAGEN A C	CHRISTOPHER BRUINTJIES	0662344829	PPC	
2026/05/23	SA	CROSS COUNTRY LEGACY LEAGUE 1							EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/05/24	SU	CAPE TOWN MARATHON	42,2	10,0				GREENPOINT STADIUM					
2026/05/30	SA	CROSS COUNTRY LEGACY LEAGUE 2							EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/06/06	SA	CROSS COUNTRY LEGACY LEAGUE 3							EP ATHLETICS	EPA OFFICE	041 374 2818		
2026/06/13	SA	RUN FOR PEACE	10,0	5,0			06H00	TBA	MOTHERWELL AC	MPUMIE NDLUMBINI	073 1517714		
2026/06/14	SU	COMRADES MARATHON	90,0					DURBAN					

**P = PARTICIPATION LEAGUE    PP = PARTICIPATION & PRESTIGE LEAGUE    C = CHAMPIONSHIPS    1 = THE SHORTER RACE A 1 POINT PARTICIPATION LEAGUE**



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2026/06/20	SA	FOREST RUN CHALLENGE	15,0	5,0			07H00	FOREST HILL ARMY BASE	SIBALEKA NANI AC	SELBY THABETHE	0768883589	P
2026/06/27	SA	NMB NELSON MANDELA BAY (SA CHAMPS)	21.1				07H00	POLLOCK BEACH, PORT ELIZABETH	EP ATHLETICS	MICHAEL MBAMBANI	079 149 6796	PP
2026/07/04	SA	MAKRO 10KM	10,0	5,0			07H00	MAKRO	ELITE	ERROL WHITTAL	081 289 7235	P
2026/07/11	SA	CROSS COUNTRY LEGACY LEAGUE 4							EP ATHLETICS	EPA OFFICE	041 374 2818	
2026/07/19	SU	THE LOCAL CHOICE PHARMACY	10,0	5,0			07H00	TBA	IKHAMVA AC / NEDBANK AC	MICHAEL MBAMBANI	079 149 6796	P
2026/07/25	SA	MADIBAZ	21,1	10,0	5,0		07H00	NELSON MANDELA UNIVERSITY	MADIBAZ AC	BERNARD PETERSEN	0764027317	PP
2026/08/01	SA	NMBM CHOOSE TO CHALLENGE	10.0	5.0	1.0		07H00	BAYWEST MALL	EP ATHLETICS	MICHAEL MBAMBANI	079 149 6796	PP
2026/08/08	SA	CROSS COUNTRY LEGACY EP CHAMPS							EP ATHLETICS	EPA OFFICE	041 374 2818	
2026/08/15	SA	GBS MUTUAL BANK MOUNTAIN DRIVE	21,1	10,0			07H00	GRAEME COLLEGE, MAKANDA	ALBANY RUNNERS	JAYNE BERRIMAN	0726004451	P
2026/08/16	SU	EMPOWERING WOMEN	10,0	5,0			07H00	TBA	EP ATHLETICS	EPA OFFICE	041 374 2818	
2026/08/22	SA	KHULASANDE CHARITY RUN	10,0	5,0	1,0		07H00	LINKSIDE HIGH SCHOOL	ACT AC	THANDEKA MHLANGA	065 835 9284	P
2026/08/29	SA	DESPATCH SUPERSPAR	10,0	5,0			07H00	DESPATCH SUPERSPAR	DESPATCH AC	HELGARD POTGIETER	084 606 5601	PPC
2026/09/05	SA	GAMTOOS FARM RUN	21.1	10.0	5.0		07H00	GAMTOOS PRIMARY SCHOOL - PATENSIE	NEDBANK RC	IRENE VAN EEDEN	083 299 1775	P
2026/09/12	SA	SPORTSMANS WAREHOUSE 15KM	15,0				06H30	SPORTSMANS WAREHOUSE	MADIBA BAY WARRIORS AC	ANITA COETZER	084 555 5223	P
2026/09/19	SA	NMB NORTHERN AREAS 10KM	10.0	5.0			06H30	GELVANDALE STADIUM	EP ATHLETICS	MICHAEL MBAMBANI	079 149 6796	PP
2026/09/26	SA	SPAR WOMENS CHALLENGE	10.0	5.0			07H00	POLLOCK BEACH, PORT ELIZABETH	EP ATHLETICS	EPA OFFICE	041 374 2818	
2026/10/03	SA	VITALITY BAY RUN	21,1	10,0	5,0		06H00	CAPE RECEIVE HIGH SCHOOL	32GI	JONATHAN MANDELL	083 414 2624	P
2026/10/10	SA	BUCO SMASH THE PINEAPPLE	27,0	10,0			07H00	PORT ALFRED COUNTRY CLUB	KOWIE STRIDERS	MIKE NUNAN	0724057204	P
2026/10/17	SA	CRUSADERS 10KM	10,0	5,0			06H00	AFRICAN SKY	CRUSADERS AC	ALETTA JOUBERT	083 285 9438	PP
2026/10/24	SA	TWO VIEWS CHALLENGE	10,0	5,0			06H00	ITALIAN SPORTS CLUB	CHARLO A C	EUSENTHA PILLAY	084 665 0910	
2026/10/31	SA	BIG WALK FOR CANCER	5,0					TBA	ELITE AC	ERROL WHITTAL	081 289 7235	
2026/11/01	SU	GALAXY BINGO CORKWOOD	15,0	5,0			06H00	CORKWOOD MALL, KARIEGA	MUIRITE STRIDERS	MARGIE DU TOIT	0824962926	P
2026/11/07	SA	SAPS 10KM ROAD RACE	10,0	5,0			06H00	TBA	SAPS AC EP	MICHAEL DEKKER	083327866	
2026/11/14	SA	VUKANI 15KM	15,0	5,0			06H00	VICTORIA PARK TENNIS CLUB	VUKANI MULTI SPORT	WONGA MFULA	0645162669	P
2026/11/21	SA	CHILLIE RUNNERS 15KM	15,0	5,0			06H00	PROTEA CHILD CARE CENTRE, FOREST HILL	CHILLIE RC	MAXWELL NTABANKULU	0737726062	
2026/11/28	SA	ASPEN 10KM	10,0	5,0			06H00	TBA	ASPEN PHARMACE AC	MARK GODDARD	0842604238	PP
2026/12/05	SA	NMBM 1 CITY MARATHON (EP CHAMPS)	42.2	21.1	10.0		05H30	BAYWEST MALL	EP ATHLETICS	MICHAEL MBAMBANI	079 149 6796	PPC
2026/12/12	SA											
2026/12/19	SA											
2026/12/26	SA											

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